



# MACKILLOP NEWS

TERM 2 WEEK 7 2<sup>ND</sup> JUNE 2020

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*"Never see a need without trying  
to do something about it"*  
St. Mary MacKillop



### ***Dear Families of MacKillop Catholic College Community,***

It is with great sadness in my heart that I have to give you some difficult news. Lilly Walsh, one of our Year 9 students, passed away this weekend in a tragic accident, in the Daly River region.

The loss of anyone close to us is always difficult. At MacKillop, we are a close-knit family and we will lean on each other to get through this. In due time, we will have the appropriate activity to celebrate the life of Lilly. For today, this is a time to lean on each other as we mourn her loss.

I understand that many students may have upsetting feelings about the loss of one of our school family members. We encourage them to discuss this with their teachers at the beginning of class. We also have counsellors in the school who are available to talk to any student who feels the need.

We have additional counsellors available for any student who may need or want help or any type of assistance surrounding this time of loss. We encourage you, as parents, to also feel free to use our resources.

We have enclosed some information from HeadSpace that may be useful to you in helping your son or daughter at home. If you would like additional information or need assistance, please do not hesitate to contact Stella Wallis our Well Being Officer or Michael Graham our Deputy Principal Pastoral Care on 89305757.

Today Fr Tom English and Bishop Charles Gauci will spend time with Year 9 students at the College.

We are saddened by the loss to our school community and will make every effort to help you and your child as you need.

### **Crisis Intervention Team**

We will have the crisis intervention team here on campus on Monday and Tuesday (if needed) to help students through the grieving process.

Our Team is: Stella Wallis, Michael Graham, Catholic Care Counsellors, Andre Simon. We will have three rooms set up for this, the College Counsellor's room, the Board Room, and Mrs Wallis' room.

*May your journey always be filled with blessings and may the life of Saint Mary MacKillop ignite in you the flames of faith and service*

**Remember, students tend to show their grief in many different ways. Do not get offended by what some of them might say. The truth is there is no way to predict how grief will manifest itself in their behaviour. Don't respond beyond being a calming, reassuring person who is empathetic to their grief.**

Please keep Lilly, Lilly's family, students, staff and the MacKillop community in your thoughts and prayers.

*Spirit of God today we pray in our hearts for our student Lilly Walsh.*

*Eternal rest grant unto her, O Lord and let perpetual light shine upon her.  
May she rest in peace. Amen*

*May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

May she rest in peace.

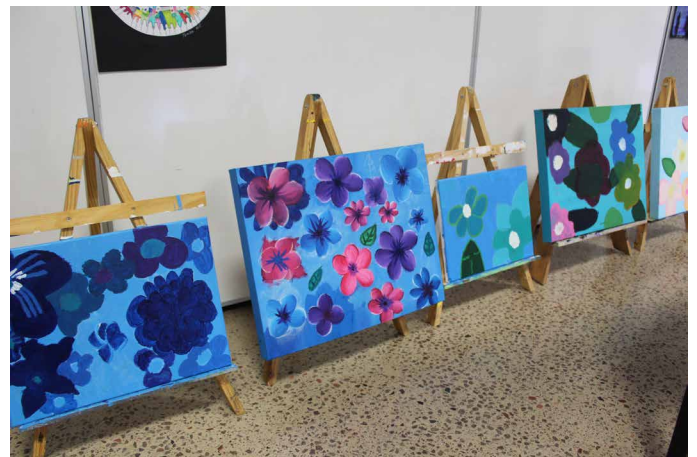
*Sincerely,*

**Lauretta Graham**  
Principal



## VISUAL ARTS NEWS

Here is some recent student artwork.



## PENTECOST MESSAGE

***“Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language?”***

***Acts of the Apostles 2: 1-11***

***Jesus breathed on them and said, “Receive the Holy Spirit.”***  
***John 20: 19-23***

### **To be four years old for a minute . . .**

In this book *The Kind of Brave You Wanted to Be*, the late storyteller Brian Doyle tells of riding on an elevator when a man and his four-year-old daughter got on. Brian asked what floor they wanted, and the little girl said, Seven million. Brian played along: he reached up as high as he could to press an imaginary button, and up they went. On the ride up they talked about “how the buttons were twice as big as any giant’s fingers” and how older buildings didn’t “have thirteenth floors, isn’t that funny, that an ancient superstition would still be reflected in modern buildings?” By now the little girl was dancing with delight and her dad and Brian were smiling at her merriment. When they came to their floor, the door opened, and the little girl waved goodbye and leapt away. But the dad hesitated a second and said quietly, “Hey, thanks.”

Brian Doyle writes of that Moment, “I knew just what [her father] meant — something like thanks for being four years old for a minute. We have those moments when we are all the same age, from the same country, with the same language on our teeth, and it never lasts too long, but it always feels weirdly familiar, doesn’t it? Like we are home again for a moment, with family we hardly get to see.”

In the Pentecost event, the Spirit of God enables Peter and the community of disciples to break down the barriers of language to reveal God’s peace in the midst of all these visitors to Jerusalem. Just as generosity of heart and a little girl’s carefree joy lets her dad and Brian Doyle “be four years old for a minute,” God’s Pentecost Spirit enables us to break down the “adult” barriers of age, culture, nationality, race, gender and creed to realise God’s vision of an earth that serves as home to one human family, united in peace, respect and justice.

### **Realisations**

Do you remember the moment when you understood — fully grasped the concept — that  $2 + 2 = 4$ ? Do you remember the first time you could put together the letters d-o-g or w-a-t-e-r and knew exactly what that combination of letters meant? Or the day you got your driver’s license and the first time you took to the road by yourself — without Mum or Dad or a driving instructor sitting next to you? What a sense of power you felt! Everyone — even you — saw you a little differently from then on. Will you ever forget the moment you realised you were in love with the person who would become your spouse, that this was the “one” you wanted to spend the rest of your life with? Something inside of you convinced you that this was meant to be. What about that first big project you took responsibility for? You were terrified — but you kept that to yourself underneath a veneer of confidence bordering on bravado. You never worked harder in your life. It was as if all those economics courses in college and those internships where you were all but invisible had been designed to prepare you for this one project. What you had seen and heard had now become real.

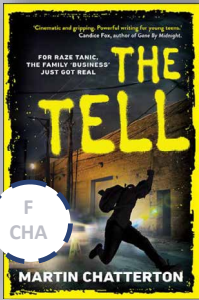
In the Pentecost event, the faith they had received and the wonders they had witnessed came together for the Eleven and the remnant of Jesus’ disciples. It was a moment of understanding, clarity and wisdom that now enabled them to begin the task Jesus had entrusted to them but were largely clueless to take on: to realise

the Kingdom of God that Jesus had revealed in the Gospel. It’s that same Spirit of God that God instils in our own church — both the domestic church of our home and the Eucharistic church of our parish community: the light of God’s wisdom and the power of God’s grace to create that Kingdom here and now.



***May your journey always be filled with blessings and may the life of Saint Mary MacKillop ignite in you the flames of faith and service***

# Mackillop



Being the son of Sydney's most famous criminal, jailed gangster Dejan Tanic, is no bed of roses. But it gets even

harder for 14-year-old Rey when his Dad is busted out of his maximum security jail by helicopter.

Rey's world is turned upside down and his only help is coming from his girlfriend Candy, whose Dad is the cop leading the chase to find Dejan.

Now time is running out, and the truths that they uncover leave them with no choice. But can they turn against their own families?

## Some of what's May New In the Library

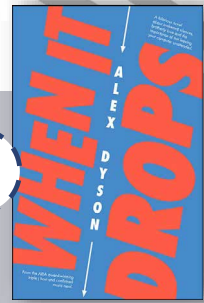
As Princess Vashta of the Vendel finishes her combat training, she hopes she will lead their forces into battle against her race's deadly enemy, the Verindal. But when Brandonin, the heir to the Verindal throne, comes to see her father, it's clear he desires peace, not war.

When a new enemy arises, striking at all who call their planet home, each race blames the other. She seeks Brandonin's help in fighting this menace, but what can they do when both Vendel and Verindal refuse to work together?



Caleb is an awkward teenager, with few friends, who keeps to himself. High school has been a tough ride for him, and having to deal with the death of his Dad and the grief associated with it, has not made it any easier.

Caleb's one escape is his music, which has always been private, until his little brother gets his hands on it... Suddenly, Caleb's inner-most feelings about Ella, the girl he has always liked, are laid bare for everyone to hear—including Ella. How is he ever going to get over this?



## Father Gerry Remie Centre

## Library

### BUS NEWS



### Bussy's Corner

Issue 3, May 2020



**A LITTLE BIT  
OF RESPECT  
GOES A LONG  
WAY**

#### HOW CAN YOU SHOW RESPECT?...

- Express your appreciation of the driver's efforts and abilities. A simple 'hello' and 'thank you' goes a long way.
- Respect yourself. You are the master or mistress of your own behaviour. Show good conduct at all times on the bus, as this allows the driver to focus on the job at hand.
- Respect the personal space of drivers and interchange supervisors. Uninvited contact may be considered assault, and will be dealt with as outlined in the Code of Conduct for School Bus Travel.

School Bus Drivers and Interchange Supervisors are regular people just like you and I, with lives outside of their work. They are someone's grandmother, grandfather, mum, dad, son, daughter and friend. Maybe even your neighbour. They are an integral part of society and provide a valuable service to our community everyday.

Take a moment to consider how your life could be impacted if there were a shortage of school bus drivers...

Please ensure a good understanding of student responsibilities as outlined in the Code of Conduct for School Bus Travel. Click on this link for the Code:

[https://nt.gov.au/\\_data/assets/pdf\\_file/0010/547624/code-of-conduct-school-bus-travel.pdf](https://nt.gov.au/_data/assets/pdf_file/0010/547624/code-of-conduct-school-bus-travel.pdf)

### PARISH NEWS

*Dear Brothers and Sisters,  
Peace be with you!*

Mass is back on in the Church:  
Saturday 6pm,  
Sunday 8:30am and 6pm,  
Monday - Thursday 6:45am  
Fri 6pm

First Communion classes have resumed 8am & 5pm Sundays.

Next week there will be a parents meeting 7pm in the Church - Tuesday 26th May.

Reconciliation for the First Communion Group - Thu 28th May, 7pm

First Communion - Sunday 14th June.

- Father Tom - 22/5/2020

## MODERN HISTORY NEWS



Declan Boxshall, in his Year 12 Modern History class, works on a model of a WWII battleship.

The class, conducted by Dr Lewis, is studying the Pacific War, and in particular why it took so long for the Allies to work their way towards victory. The model will be used for wargaming the problem of storming the many islands which were Japanese strongholds in the conflict.

The class recently also recently got to interact with a display of authentic weaponry and kit from the American, Australian and Japanese forces, under the expert guidance of Craig from the Arms Collector's Association and Jared from the Museum and Art Gallery of the NT. We thank Craig and Jared for their time in making learning at MacKillop all the more fun and vibrant with their expertise and enthusiasm.



## Meet a MacKillop Staff Member

### WHAT IS YOUR ROLE AT MACKILLOP?

INCLUSION SUPPORT COORDINATOR AND MODIFIED MATHS AND ENGLISH TEACHER

### HOW LONG HAVE YOU WORKED HERE?

STARTED IN JANUARY 2019

### WHAT IS YOUR STORY?

I EMIGRATED FROM SOUTH AFRICA IN 2018 AND TAUGHT FOR A SHORT TIME AT A REMOTE SCHOOL IN CENTRAL AUSTRALIA. AFTER THAT I RETURNED TO PERTH BEFORE MOVING TO DARWIN IN DECEMBER. I HAVE BEEN TEACHING FOR 12 YEARS AND ABSOLUTELY LOVE THE EXPERIENCE THAT BEING AT MACKILLOP HAS BROUGHT ME. I TOOK OVER AS INCLUSION SUPPORT COORDINATOR IN AUGUST 2019, AND I TRY EVERY DAY TO MAKE SURE THAT THE DIVERSE NEEDS OF ALL OF OUR STUDENTS ARE BEING MET.

### WHAT DO YOU LOVE ABOUT YOUR JOB?

I LOVE THAT I GET TO MAKE A DIFFERENCE EVERY DAY. I AM PRIVILEGED TO BE IN A POSITION WHERE I CAN ADVOCATE FOR STUDENTS SO THAT THEY CAN REACH THEIR POTENTIAL AND LIVE THEIR BEST LIVES. I GET TO ENGAGE WITH STUDENTS AND FAMILIES AND WORK CLOSELY WITH THEM. I WORK WITH TEACHING STAFF, SUPPORT STAFF, CLINICIANS AND LOTS OF OTHER ROLE PLAYERS SO MY JOB IS NEVER BORING OR MUNDANE.



**Linda van Heusden**

## Meet a MacKillop Staff Member

### WHAT IS YOUR ROLE AT MACKILLOP?

DANCE AND DRAMA CO-ORDINATOR

### HOW LONG HAVE YOU WORKED HERE?

THIS IS MY THIRD YEAR AT MACKILLOP

### WHAT IS YOUR STORY?

I AM A BORN AND BRED KIWI FROM ACROSS THE DITCH AND MOVED TO AUSTRALIA ABOUT A DECADE AGO, AFTER COMPLETING A PERFORMING ARTS DEGREE AND WORKING AS A FREELANCE ARTIST FOR A FEW YEARS I WENT BACK TO UNIVERSITY TO BECOME A TEACHER. I LIVED AND WORKED IN QLD FOR A WHILE BEFORE MOVING UP TO THE NT.

### WHAT DO YOU LOVE ABOUT YOUR JOB?

I LOVE SEEING THE DEVELOPMENT OF THE STUDENTS CONFIDENCE, CREATIVE INTERPRETATIONS AND FREEDOM TO EXPRESS THEMSELVES IN A WEIRD WAY.



**Mandy Mattison**

FRIDAY  
LUNCH TIMES

TERM 2

INTERHOUSE LUNCH TIME  
NETBALL

2020

ALL WELCOME  
SEE MS GALE  
FOR MORE INFORMATION

Week 2  
McGrath vs McCormack

Week 3  
Confalonieri vs Hurley

Week 4  
McGrath vs Hurley

Week 5  
McCormack vs Confalonieri

Week 6  
Confalonieri vs McGrath

Week 7  
Hurley vs McCormack

Grand Final  
Friday Week 8



**Want to play hockey?**

**Training:** 21 May  
Thursdays 5:30-6:30pm  
**Games:** Starting 12 June  
Saturday mornings

**FREE** Playing Kit for all new  
U8 and U11 players!

Where: Marrara Hockey Centre  
Info: [secretary@edhc.com.au](mailto:secretary@edhc.com.au)

## Waratah Hockey Club



Waratah Hockey Club is a fun, family orientated club who welcomes people of all ages and abilities. We pride ourselves on providing excellent coaches and creating a safe and supportive environment for all our members.

**Training:** Tuesday 5:30 – 6:30 at Marrara Hockey Stadium commencing 9<sup>th</sup> of June 2020

**Cost:** \$100 - Sports vouchers accepted

**Teams:**  
Under 8's Mixed  
Under 11 Boys & Girls  
Under 14 Boys & Girls  
Under 17 Boys & Girls



All new Juniors receive a **free** playing shirt on registration. All new Under 8's and Under 11's players also receive a **free** hockey kit with stick, stick bag, shin-pads and ball.

For more information please call Tom on 0447 115 295 or email [waratahbc@gmail.com](mailto:waratahbc@gmail.com)

MACKILLOP  
CATHOLIC  
COLLEGE  
MUSIC

Presents

# Senior Young Musician of the Year 2020

Applications Due Friday 12<sup>th</sup> June



Tue 16<sup>th</sup> June  
APPLY NOW!

Nomination forms available in Performing Arts (D Block)

Win \$100  
CASH



MACKILLOP  
Catholic College

# CROSS COUNTRY 2020

TERM 2 WEEK 10

THURSDAY 25<sup>TH</sup> JUNE 9AM

EXPECTED TO FINISH 10.10AM  
PLEASE BE ON TIME TO RUN YOUR EVENT

COME IN YOUR FULL HOUSE COLOUR P.E. UNIFORM AND BRING A DRINK BOTTLE AND A HAT.  
COMPETE IN THE AGE GROUP THAT YOU TURN THIS YEAR (BETWEEN 1<sup>ST</sup> JAN AND 31<sup>ST</sup> DEC), FOR  
EXAMPLE, IF YOU HAVE YOUR 13<sup>TH</sup> BIRTHDAY THIS YEAR, BUT IT IS NOT UNTIL DECEMBER 22<sup>ND</sup>, YOU  
STILL COMPETE IN THE 13-YEAR-OLD CATEGORY.  
SOCIAL DISTANCING MEASURES WILL BE IN PLACE.

FOOTBALL  
MAY 15

BE ACTIVE  
HAVE FUN  
MAKE FRIENDS  
Registrations NOW OPEN  
for 2020 season

REGISTER NOW VIA  
[PLAYFOOTBALL.COM.AU](http://PLAYFOOTBALL.COM.AU)

[admin@footballnt.com.au](mailto:admin@footballnt.com.au) 08 8928 1006

Palmerston and Regional  
Basketball Association  
JUNIOR BASKETBALL IN PALMERSTON  
FROM 2 YEARS OLD TO 18 YEARS OLD

**Come and Try Day : 06 June**

Palmerston Recreation Centre  
Email for session times

Wednesday sessions begin: 10 June  
Saturday sessions begin: 13 June

For more information :  
E: [admin@parba.org](mailto:admin@parba.org)  
M: 0418 797 770

# Who can benefit from EFL and Therapeutic Horse Riding

- Children/ young people with behavioural issues
- Children with Autism and their families
- People with depression, anxiety, stress related conditions
- Children/ young people with sensory processing issues
- People with physical and intellectual disabilities
- People with Mental health issues
- Sufferers of trauma
- Domestic violence victims and their families
- Youth justice
- Addictions and substance abuse
- Youth at risk
- PTSD sufferers



Rachel conducting an EFL session.

*Equine Inspirations provides counselling, EFL, therapeutic Horse Riding and natural horsemanship sessions with horses. Each session (individual or group) is tailored to the clients specific needs.*

## What is EFL?



Equine Facilitated Learning (EFL) is a leading edge personal development modality which is quickly replacing traditional therapies across the world.

*EFL is an interaction between horses and people designed to promote experiential learning for all participants.*

EFL focuses on building a range of skills including cognitive processing skills through experiences with horses.

Contemporary clinical research shows that close proximity to horses changes human brain wave patterns suggesting that humans can be transformed in a positive way when in the presence of horses.

Appropriate interaction with horses can therefore prove therapeutic to adults and children alike.

*EFL sessions bring together horses and people in a safe, supervised space designed to elicit positive and empowering interactions.*

## The Team



Shania & Bree



Cathy



Rachel

The team are all skilled EFL instructors.

The Team have experience providing therapeutic horse riding, general horse riding lessons and are naturally horsemanship trained and have extensive experience working with youth at risk and children with disabilities.

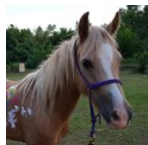
Rachel is a qualified social worker with experience working with children with special needs and youth at risk.

## Locations

Sessions are available in Humpty Doo, Noonamah and Katherine.

## Our Horses

The horses at Equine Inspirations have been assessed as suitable as per EFL and hippotherapy requirements.



## Contact us

For more information please contact us:

Rachel Oliver: 0438 9625 56

rachel@ntintegratedtherapy.com.au

## What is Therapeutic Horse Riding? (Hippotherapy)

Therapeutic horse riding is described as the movement of the horse as a treatment strategy to address impairments, functional limitations and disabilities in children with neuromotor and sensory dysfunction.

Carefully graded motor and sensory input is provided to achieve treatment goals. It can then be generalised to a wide range of daily activities.

In Hippotherapy the client rides the horse (no horse riding experience needed). Simply, horses move in a multi-dimensional, variable, rhythmic and repetitive pattern. The horses movement influences the client who in turn passively responds and adjusts to the way the horse moves accordingly.

*The horse provides a dynamic base of support, making it an excellent tool for increasing trunk strength and control, balance, postural control (strength and endurance) addressing weight bearing, coordination and motor planning.*



NT Integrated Therapy  
Registered NDIS Provider  
and  
**Cross County Therapy Horses**  
*Inspire with Horses*



## Bringing Humans and Horses Together

Equine Inspirations is a Northern Territory therapeutic service provider delivering a range of programs for children, youth and adults based on Equine Facilitated Learning (EFL).

Skilled facilitators / social workers guide the sessions which are tailored to individual and group needs and are delivered in urban, rural and remote areas.



AASW  
Australian Association  
of Social Workers



The horses movement also helps with the development of fine motor skills, visual motor skills, bilateral coordination, attention and cognition.

*Therapeutic horse riding can be used to address sensory processing issues as it provides input into the vestibular, proprioceptive, tactile, visual and auditory systems.*

Skilled facilitators incorporate the movement of the horse to activate the sensory system including the central nervous system with an aim to meet the clients desired goals.

The results can be seen through the appropriate adaptive response from the child/client and often influences their emotional, social, behavioural and communication as an outcome of therapeutic horse riding.





# ENTRUSTING AUSTRALIA TO *Mary Help of Christians*

O Immaculate Mary, Help of Christians, Queen of heaven and earth, and tender Mother of humanity, at this time when a pandemic threatens all your children, we entrust to you our nation, Australia, and all who live in this country.

We commit to your intercession all the members of our community, beginning with the weakest ones, from the unborn to the sick, the disabled and the elderly.

We commit to you our families, our young and old, and all who are vulnerable, those who are quarantined or anxious.

We entrust to your Immaculate Heart those who have lost their livelihood or employment, our pastors and other essential service workers, and our leaders at this time.

We implore your intercession especially for the protection of doctors and nurses and those who minister to the contagious sick in this crisis.

Reign over us, Mother of God, and teach us how to make the Heart of Jesus reign and triumph in us and around us, as it has reigned and triumphed in you!