

## Newsletter - Term 1, Week 4 February 2014

### MacKillop Catholic College

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The Newsletters will be uploaded to our website this year. Use the link above.



**"Never see a need without trying to do something about it"**

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### Dear Members of MacKillop Catholic College Community,

One of the challenges of being a parent is finding time for everything. There are a number of ways that our College tries to keep in contact with families while making the time enjoyable and fun for the whole family. Increasingly the parent / teacher information nights hosted by the College become important contact points for busy families. Thank you to parents and teachers who attended the recent Shared Community Meal, Working Bee, and Mini-Curriculum Night. The response from all concerned was overwhelmingly positive.

Children are the sum of what parents contribute to their lives. As parents we can contribute directly by giving our children undivided attention or indirectly by our involvement in organisations such as schools which are designed to confirm and promote parents as partners in the delivery of education. It is no mystery that parent participation in the life of a school and in their children's schoolwork has a positive impact on student performance and success. Further to this, our Parents & Friends Association is looking forward to a fulfilling and productive year. We look forward to your participation and involvement in the many activities that are programmed for the year ahead.

Congratulations to all students who have been busily nominating for the positions of College Captain, House Leader and Student Representative Council, for 2014. Our Commissioning Ceremony will be held on: Monday 24<sup>th</sup> February at 12:10pm followed by Morning Tea in the staffroom.

I look forward to commissioning our 2014 Student Leaders, then seeing them take up their roles as leaders working alongside staff, to enhance the culture and ethos of our College.

Congratulations to all students who realise that leadership is a decision, something you decide for yourself and that whether chosen for a particular role or not, set high goals, meet challenges with courage, reach for the stars, and lead with their hearts in all they do.

Every day we see examples of these students doing exactly what Micah the prophet proclaims:

***This is what Yahweh asks of you:***

***to act justly;***

***to love tenderly; and,***

***to walk humbly with your God...*** Micah: 6

Thank you to all parents who have helped in anyway so far, this year. The College has made a wonderfully smooth start considering the rain and the delays with buildings. May God bless your families throughout this busy term.

**Lauretta Graham,  
Principal**



**Mr Chris Trevillion**  
**Deputy Principal**  
**Academic Studies**

## From the Deputy Principal Academic Studies

It was encouraging to see so many parents at our information evening. At our 'mini night', parents got a feel of what it was like to be their child for a day. Parents followed timetables, lined up outside classrooms and even stood behind their chairs as their children would do in a normal school day. It was a great night and enjoyed by parents and teachers alike.

Students this week were handed their Subject outlines which contains the details of their subject, when assessments are due and other important information. This week will also see the publication of the College's assessment calendar on the College website, please refer to this if you are after any information on when assignments are due.

Our IT Coordinator Vanaja Arakkal and her partner in crime Adam Falconer have been working extremely hard with the rollout of year 7 laptops and I know they are looking forward to seeing you at the information evening.

Some of our year 10 and 11 students began Open Education, VET and School based apprenticeships recently; we have several students in hair dressing, aquaculture, construction, IT and tourism. Our Open Education Coordinator Paula Wilson, Head of Flexible Learning Pathways Dave Barnard and our Flexible Learning Pathways Assistant Rhonda Scullen have been working extremely hard in these placements and have offered our students a new dimension to education, one that they are thriving in. I know that Dave and Rhonda are looking for businesses interested in taking on work experience students so if this is something you may be interested in please give the College a call.

Our Instrumental & Liturgical Music Coordinator Dave Graham along with our College Chaplain Lauren Hill should also be congratulated for their hard work and enthusiasm in leading our Commencement Mass, it was a great way to start the year and in the words of one of our guests at the mass 'it was the best church service of any school I have been to in my 17 years of teaching', so well done to staff and students alike.

As usual if you have any questions please feel free to contact the College, we are only too willing to help.

*Some feedback from the Mini Night: "On behalf of my husband & I, WOW! The Mini Night was amazing, your staff seem so dedicated and caring, we were so very impressed. We are looking forward to our MacKillop journey. Thank you".*  
*Sam O'Donnell*

## Mackillop Catholic College Board

# AGM

Monday 17th March 2014 - 7.00pm in the College Boardroom

**ALL WELCOME!**



**Marie Butt,  
Assistant Principal,  
Religious Education**

### **Ash Wednesday Liturgies**

**5th March**

*Lesson 3:* 10.40am:  
Year 9.1 & ALL Year 7's

*Lesson 4:* 11.25am:  
Year 9.2 & ALL Year 8's

*Lesson 5:* 12.15pm:  
Year 9.3 & ALL Year 10's &  
11's



## **From the Religious Education Department**

### **Mackillop Catholic College Opening Mass**

Tuesday 11<sup>th</sup> February the College community gathered at Our Lady Help of Christians Church, Palmerston for the MacKillop Catholic College Opening Mass of 2014. This was a wonderful celebration to commence the school year and was attended by parents and special guests from the Catholic Education Office. The involvement of both students and staff in reading the scriptures and prayers for the service as well as the collective voice of our College in singing the hymns contributed to what was a wonderful and uplifting celebration.

Following Mass morning tea was served for all on Father Tom's back lawn. The students enjoyed a game of badminton and a kick of the footy with Father Tom.

Thank you to all those who assisted in making this Opening Mass such a success, in particular Mrs. Leanne Pope for the catering and Mr. David Graham and Ms. Lauren Hill for coordinating the music.

### **ASH WEDNESDAY / LENT**

The 5<sup>th</sup> March is ASH WEDNESDAY. This year the Year 9 Religious Education classes will be presenting the Ash Wednesday Liturgies for the other year levels with Father Tom assisting. I would like to invite parents to attend these liturgies. There will be a note sent out closer to the date with times and locations for each of the 3 liturgies.

### **NET MINISTRIES TEAM**

The NET Ministries Team will be visiting the Darwin Diocese to work with students in many of our schools during late April and early March. Our Chaplin Ms Lauren Hill is coordinating accommodation for the team whilst they are in Darwin as our College is the HOST SCHOOL this year. If you are able to billet two or three of these young people for a few days or a week please contact either Lauren or myself at the College. Thanks Marie  
[marie.butt@nt.catholic.edu.au](mailto:marie.butt@nt.catholic.edu.au) Ph 89305709

**YEAR 10 RETREAT:** 26th March - 28th March 2014, Week 9 of Term 1. All Year 10 students will be on Retreat at Lake Bennett. Notes regarding this event will be sent home soon via the Year Level Coordinator.

**YEAR 7 RETREAT:** Year 7 retreat is scheduled for WEEK 3 of TERM 2. Students will be attending a 3 day Retreat at Dundee Lodge during this week.







**David Graham:**  
**Instrumental Music**  
**Coordinator**

**Erin McCann:**  
**Classroom Music Coordinator**



Welcome back to another exciting year of music making at MacKillop Catholic College.

### ***Why Should My Child Learn an Instrument?***

There is international acclaim to the value of Music Education within our society especially at school level. Considerable research has been carried out in various countries around the world verifying the fact. As early as the 1950's a series of experiments were carried out in Hungary to test the benefits of learning music at primary school. This test was only one of several more to follow. The results of which are all very similar.

**Music Increases Memorising Capacity.** Music students showed evidence of greater memory training. This is an important quality for students to develop to enable higher academic achievement.

**Music Improves Reasoning Capacity.** There is proof from these studies that students learning music had enhanced comprehension skills. A far greater percentage of music students understood the story they were asked to read compared with non-music students.

**Music also Improves Pupil's Time Management and Organizational Skills.** Students need to organise themselves to attend lessons and band rehearsals and therefore arrangement their schedules to prepare their songs etc. for the lessons. They are expected to attend promptly at the correct time also need to remember to bring the correct equipment to their lessons and band. This is assisting the child to develop basic life skills. Music students develop and improve these skills over time with the benefits reflected in their academic achievement and success later in life.

**Music Fosters the Development of Team Skills.** Music seeks to improve the student's team skills, especially when the student is part of an instrumental music program where they are a member of the band and other ensemble groups. As in other team activities all members have a role to play. All members are important and must learn to work as a team. A recent survey in the USA showed that an average of 20% of high school students are enrolled in an instrumental music program. *Look at these figures!* The survey revealed that 80% of the academic awards are consistently gained by this 20% group of music students.

### ***Did You Know?***

**Music is Mathematical.** It is rhythmically based on the subdivision of time into fractions which the students must do instantaneously whilst playing their instrument. This enhances their mathematical ability.

**Music is a Foreign Language.** Most of the musical terms that are used throughout a piece of music are Italian, German or French. The musical notation itself is a highly developed form of shorthand that uses symbols to represent ideas. It is believed to be the most complete and universal language.

**Music is History.** Music usually reflects the environment and times of its creation. Students learn a variety of different types of music including folk songs and songs from various cultures and times.

**Music is Physical Education.** Learning to play an instrument requires coordination of fingers, hands, arms, cheek and facial muscles in addition to extraordinary control of the diaphragm, back, stomach and chest muscles leading to the development of a higher level of athletic fitness.

**Various Benefits include.** Learning a wind instrument can sometimes help with respiratory disorders such as asthma - because of the development of the lungs that occurs in response to playing these instruments. The area of Music Therapy is vast. It is suffice to say here that the benefits too many health problems are noteworthy.



**Other benefits include:** The fostering of self-expression, emotional intelligence and responsibility. The development of discipline, pride, concentration and social communication as well as the development of physical coordination and problem solving skills.

**In Summary –** Music improves concentration, listening ability (both internal and external), reading and comprehension ability, mathematical perception, coordination and ability to maintain a relaxed focus and so on.

This year we are proud to launch our new website: [www.mackillopmusic.com](http://www.mackillopmusic.com)

Cut off for music lesson enrolments is week 5. Enrolment information and payment options are available from the website.

### LESSON STRUCTURE: Term 1 & 2 2014

**TERM 1:** 28<sup>th</sup> JAN to 4<sup>th</sup> APRIL

**Lessons Commence:** Week 3 Monday  
10<sup>th</sup> FEB

**Cut off:** Week 5, 24<sup>th</sup> JAN

**TERM 2:** 14<sup>th</sup> APRIL to 20<sup>th</sup> JUNE

**Lessons Commence:** Week 2 21<sup>st</sup> APRIL

**Cut off:** Week 4, 5<sup>th</sup> MAY



## Duke of Edinburgh

**Brodie McCutcheon: Duke of Edinburgh Coordinator**

**Brodie.mccutcheon@nt.catholic.edu.au**

*Congratulations* to our students who have shown the commitment and dedication to participate in the Duke of Edinburgh Award. Here at Mackillop we are excited to be able to offer this great opportunity to our students as it provides them with many benefits. Students between the ages of 14-25 all over the world are participating in the award which nationally recognised. We have 20 year 9 and 10 students who will be aiming towards getting their Bronze award participating in areas of volunteering in the community, learning new skills and physical fitness on a weekly basis. These students will also be attending a range of camps ran by myself and Lance Johnson, learning skills of camp cooking, navigation, participating in outdoor recreation activities and survival skills. Students will also be receiving their first aid level 2 course as part of their preparation for these adventurous journeys.



As students' progress through the awards of Bronze level, Silver level and Gold level they will be faced with many opportunities to learn new things, visit new places, meet new people and to travel interstate and overseas to volunteer for different community projects. Well done to these students who have chosen to take part in this fantastic opportunity and I know we have some fantastic students in year 7 and 8 who are keen to begin the award in the next couple of years at MacKillop.

**Dustin Carter; Tai Terupo; Liam Mulvahil; Nicolas Harding; Sarah Spence; Tanisha Kamarudin; Dale White; Ike O'Brien; Nicolas Walkington; Zoe Carrier; Jet Lorenz; Madison Nothrop; Rhiannon Bates; Teegan Wattam; Alysha Pope; Sarah Grant; Kayla Mullins; Olivia Harding; Shannyn Flanagan; Siobhan Tonks**





**David Graham, Rugby League MCC**



**Chris Trevillion, Rugby League MCC**

## MacKillop Rugby League News

Welcome to another year of Rugby league at MacKillop Catholic College. Over the break our college saw some very exciting news with the formation of the college's NTRL side the MacKillop Sharks and the official launch of our rugby league programme.

For those who are seeking to join the MacKillop Sharks we encourage to do so now, as games begin at the end of March; Details can be found at [www.mackillopsharks.com](http://www.mackillopsharks.com). As part of the excellence programme MacKillop now offers coaching and refereeing courses at the school of which students are already enrolled and working towards the qualifications. We would like to encourage all to attend our next committee meeting on the Monday the 10/3/14 at 5:30pm.

Training has commenced for the college team and details on this and other important announcements can be found below or on our new website: [www.mackilloprugbyleague.com](http://www.mackilloprugbyleague.com)

We are always welcoming and kind of support (Coaching, Committee, Assistant Coaching etc.) and would love to have more parents contributing to programme.

Yours in Rugby League!

**TRAINING FOR MACKILLOP CATHOLIC COLLEGE RUGBY LEAGUE TEAM:  
WEDNESDAYS 3:15- 4:30pm**

## 2014 Term 1 Rugby League Calendar

### GAME DAY:

**MACKILLOP VS ST JOHNS (U13 & U15 GAMES)**

**Wednesday 12th March - 1.30pm - Venue: tba**

### GAME DAY:

**PARCS TOURNAMENTS (MIDDLE SCHOOL)**

**Thursday 20th March all day - Venue: tba**

### GAME DAY

**MACKILLOP VS ROSEBERY (U15 GAMES)**

**Wednesday 25th March - Venue: Rosebery Middle School (trys only, no conversions)**



## Around the Campus

### Uniform Shop

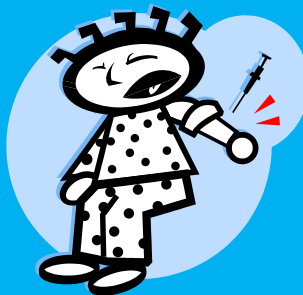
Opening Times: 3.15pm-4.30pm Monday to Friday (*thank you for your patience for waiting while we make sure students catch buses/get picked up in the afternoons*)

We are waiting for a senior uniform order which will not be available until the end of Term 1.

### Student Immunisations

School nurses will be here on

**Friday 14th March 2014**



Letters from the Department of Health have gone out to students for parents to fill out, sign and return to the **FRONT OFFICE AS SOON AS POSSIBLE**



### Mackillop Catholic College Photo Day!

Tuesday 11th March 2014 - order envelopes will be sent out next week to **ALL ELDEST IN FAMILY STUDENTS**

**Tuckshop News:** Effective immediately, there will be no eftpos facilities for the Tuckshop available. The Tuckshop is currently investigating the addition of online ordering. All orders until then, are to be placed at the Tuckshop with money enclosed. Thank you for your patience. **Leanne Pope, Canteen Coordinator.**

### We celebrate our Student Achievements!

#### Congratulations to:

**Tullalah Ormsby**

Last year the Visual Art Department asked 30 students to design a cover for the 2014 student diary. The theme for the student diary was:

*Lease with Courage*

*Our Journey in 2014*

Tullalah's design was chosen for the 2014 diaries and she was awarded the honour of having her artwork on all our 2014 diaries and a \$100 voucher from **Sirap Publications, Catholic Schools Educator's Journal.**

Thank you to Sirap Publications for their kind sponsorship.

#### Congratulations to:

**Shane Butfield**

He has been offered a scholarship by **Engineering Air Australia and Leighton Holdings** to assist him completing Years 11 & 12 at MacKillop. With a possibility of further assistance should he pursue a career in engineering or related study at University with a **Jeff Dobell Memorial Scholarship.**





**Defence Community Day** - two of our students attended and participated at this event recently, Mathew Losa performed some Irish Dancing and Mikhaela was with the cadets! Well done to both!



## Community Notices

### Emergency First Aid for Parents

**Saturday 15<sup>th</sup> March 2014**

Palmerston Library –  
Community Room – Goyder  
Square Palmerston

This course is designed for parents, grandparents and other caregivers of children.

This course will provide you with the skills and knowledge to carry out Emergency First Aid for life threatening injuries and illnesses with a specific focus on common injuries and illnesses involving infants and small children.

**Course duration – 1 day**  
**9.00am - 4.00pm (flexible)**

**Class numbers limited to 16**

**To book – [click here](#) or call 1300 367 428**

Outcome: Participant on completion of this course will receive a Statement of Attendance Certificate in HLTF211A Provide Basic Emergency Life Support

Course cost: Was \$135.00 now \$115.00 per person.  
Special Palmerston introductory offer 15<sup>th</sup> March only.  
Includes all course material and resources





## EAST DARWIN STORM

### HOCKEY CLUB

**A FAMILY-FRIENDLY CLUB  
WHERE SPORT IS FUN**

**SIGN ON DAY SATURDAY 1 MARCH**  
from 9am @ Marrara Hockey Stadium

**FREE MEMBERSHIP** for Under 8's and Under 10's  
only \$75 for Under 13's and Under 16's  
*Use your NT Government sports voucher for fees and equipment*  
Never played before? New juniors receive FREE stick at sign on

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**TRAINING:**    **JUNIORS** Thursdays 5:30 - 6:30 pm  
                      **SENIORS** Thursdays 6:30 - 8:30 pm

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**FOR MORE INFORMATION:**  
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Suzi Hullick     president@edhc.com.au    0429 079 758  
Tania Manning   secretary@edhc.com.au    0422 491 827

[www.edshc.com.au](http://www.edshc.com.au)

## College Calendar of Coming Events

<b>Wednesday 5th March</b>	<b>ASH WEDNESDAY</b>
<b>Monday 10th March</b>	<b>Parents and Friends AGM</b>
<b>Monday 17th March</b>	<b>College Board AGM</b>
<b>Friday 4th April</b>	<b>LAST DAY OF TERM 1</b>
<b>MONDAY 14TH April</b>	<b>FIRST DAY OF TERM 2</b>